



RETURN TO PLAY

TIPS FOR CREATING A SAFE ENVIRONMENT FOR YOUR TEAM

DATA PROVIDED BY CDC

SOCIAL DISTANCING

SPACE PLAYERS AT LEAST 6 FEET APART ON THE FIELD WHILE PARTICIPATING IN THE SPORT, WHEN POSSIBLE, WITH THE USE OF A BALL MASTERY ACTIVITIES, PASSING PATTERNS AND OTHER UNOPPOSED PRACTICES

HYGIENE STANDARDS

TEACH AND REINFORCE HANDWASHING WITH SOAP AND WATER FOR AT LEAST 20 SECONDS. IF SOAP AND WATER NOT READILY AVAILABLE, HAND SANITIZER THAT CONTAINS AT LEAST 60% ALCOHOL CAN BE USED (FOR COACHES AND OLDER CHILDREN WHO CAN SAFELY USE HAND SANITIZER).

FACE COVERINGS

FACE COVERINGS ARE NOT INTENDED TO PROTECT WEARER, BUT RATHER TO REDUCE THE RISK OF SPREADING COVID-19 FROM THE PERSON WEARING THE MASK (WHO MAY NOT HAVE ANY SYMPTOMS OF DISEASE)

DISINFECTED EQUIPMENT

CLEAN AND DISINFECT FREQUENTLY TOUCHED SURFACES AT LEAST DAILY, OR BETWEEN USES AS MUCH AS POSSIBLE. USE OF SHARED OBJECT AND EQUIPMENT (BALLS, CONES), SHOULD BE LIMITED, OR CLEANED BETWEEN USE BY EACH INDIVIDUAL IF POSSIBLE.

STAGGERED ARRIVAL TIMES

STAGGER ARRIVAL AND DROP-OFF TIMES OR IMPLEMENT OTHER PROTOCOLS TO LIMIT CONTACT BETWEEN GROUPS AND WITH GUARDIANS. ONE EXAMPLE IS INCREASING THE AMOUNT OF TIME BETWEEN SESSIONS, ALLOWING FOR ONE GROUP TO DEPART BEFORE ANOTHER GROUP ENTERS FACILITY.

STAYING HOME

MAKE SURE THAT PLAYERS AND PARENTS KNOW THAT SICK INDIVIDUALS SHOULD NOT ATTEND PRACTICES IF THEIR CHILD BECOMES SICK WITH COVID-19 SYMPTOMS, TEST POSITIVE FOR COVID-19, OR IS EXPOSED TO SOMEONE WITH COVID-19 SYMPTOMS OR A CONFIRMED OR SUSPECTED CASE. SICK PLAYERS OR FAMILY MEMBERS SHOULD NOT RETURN UNTIL THEY HAVE MET CDC'S CRITERIA TO DISCONTINUE HOME ISOLATION.